

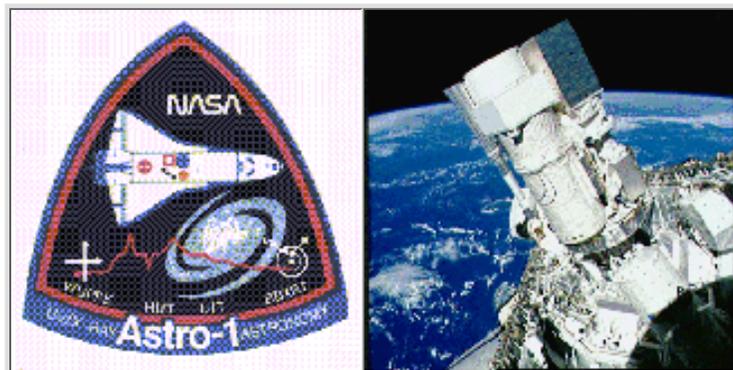


# Variable Star Of The Month

## April, 1999: Z Camelopardalis

Every month we will feature a special variable star in the AAVSO observing program.

### Z CAM



The AAVSO worked with the Astro-1 mission in December, 1990, to help observe Z Cam in the UV spectrum. It was observed again on Astro-2 (pictured right), four years later. The results questioned our understanding of Z Cam stars.

## A Look at Z CAM

Z Cam is one of the most popular stars in the AAVSO observing program with over 50,000 submitted observations since 1963! It is the prototype star of a subclass of dwarf nova-type cataclysmic variables. The Z Camelopardalis stars are especially known for their random *standstills*. In *The Astronomical Journal* (115:1175-1189, 1998 March), a paper titled "An Analysis of AAVSO Observations of Z Camelopardalis" was published by Benjamin D. Oppenheimer, Scott J. Kenyon, and Janet A. Mattei. The abstract of the paper says it all:

We classify outbursts into three main categories - common, plateau, and anomalous - based on the shape and duration of the outburst. Plateau outbursts are brighter and last longer than common outbursts. Some outbursts end in standstills in which the brightness stays constant roughly 1 mag below maximum light for a few days to 1,000 days. The average energy output in a standstill is larger than that during an outburst cycle. All outbursts follow a pattern, the *plateau outburst cycle*, in which one or more common or anomalous outbursts occur between two plateau outbursts or a plateau outburst and a standstill. Short quiescent durations lead to a higher outburst frequency and more energetic outbursts in intervals dominated by standstills than in other lightcurve intervals.

Our physical picture for Z Camelopardalis stars follows the standard disk instability mechanism for dwarf novae. The plateau outburst cycle is a series of minor, common "inside out" outbursts that lead to a major, plateau outburst that empties the accretion disk. Standstills occur when the mass transfer rate from the secondary star into the accretion disk surrounding the primary star is too large to produce dwarf nova outbursts. The system resembles a nova-like variable during standstill; it returns to the plateau outburst cycle when the mass transfer rate declines below some critical level. Our analysis suggests that irradiation of the secondary does not play a significant role in the evolution of *M*. Solar-type magnetic cycles are a more plausible mechanism.

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with moderate or large telescopes (apertures of 4-10 or more inches) are invited to give it a try!

## For More Information

- [Disks, Winds, and Veiling Curtains: Dissecting the Ultraviolet Spectrum of the Dwarf Nova Z Camelopardalis in Outburst \(Abstract\)](#)
- [Why Observe Z Cam Stars](#)
- [Far-Ultraviolet Astronomy on the Astro-1 Space Shuttle Mission](#)
- [AAVSO Monograph 6: Z Camelopardalis Light Curves 1927-1995](#)
- AAVSO charts for Z CAM
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*This month's **Variable Star of the Month** was prepared by Aaron Price.*

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